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2016 Elections
In 2016, the following seats on the CNA board of directors are on the election slate for the June 2016 to June 2018 period:

Class A Member (jurisdictional):
1. Alberta — 1 seat
2. Manitoba – 1 seat
3. Nova Scotia – 1 seat
4. Prince Edward Island – 1 seat
5. Newfoundland and Labrador – 1 seat
6. Yukon – 1 seat
7. Northwest Territories and Nunavut – 1 set

Class B Member

Class C Member
1. Canadian Network of Nursing Specialties — 1 seat

By-laws and Policies
According to CNA by-laws 30.2, 30.3 and 30.4 — composition and term of CNA board of directors — the board shall consist of the number of Class A, B and C directors specified in the articles, as follows:

- 11 Directors representing the Class A Members, each of whom shall serve for a term of two (2) years. In each year the Class A Members shall elect a number of Directors equal to the number of Directors elected by the Class A Members whose terms have expired. The individual elected as a Director to represent the Class A Member may be the president of such Class A Member or their designate, but is not required to be the president or designate of such Class A Member;

- in each year the Class B Members shall elect one individual to serve as a Director for a term of one year;

- there shall be two Directors elected by the Class C Members. In every year the Class C Members shall elect one Director to serve for a term of two years;

By-law 31 — nomination process — states:

- The nomination committee of the Board will put forward a slate of individuals for consideration by the Members at the annual meeting; however, Members may nominate additional candidates for Directors from the floor of the annual meeting. In addition to the requirements of the Act, all Directors shall meet the requirements for Directors set out in Board policy.

Excerpt from board policy:

CRITERIA FOR CLASS A DIRECTORS
Article 30.2 of the CNA By-laws provides that CNA will have 11 Directors to represent the Class A Members. Of these 11 Class A Directors, it is intended that there shall be one Director residing in the jurisdiction of each of the Jurisdictional Members, and, accordingly, to serve as a Class A Director residing in the jurisdiction of a Jurisdictional Member, an individual must be resident in the province or territory of such Jurisdictional Member.
Candidates must:
- **be individuals over the age of 18 years who have not been declared incapable by a court and who do not have the status of bankrupt (s.126, [Canada Not-for-profit Corporations] Act);**
- **be a registered nurse whose licence is in good standing with their provincial/territorial regulatory body and who has paid CNA fees either through their jurisdictional member or as part of the Independent Nurses Group;**
- **not be a current employee or independent contractor of a Jurisdictional Member, CNA or any other CNA Member, other than an individual who is paid by their jurisdictional member to serve as the president of such jurisdictional member;**

**CRITERIA FOR CLASS B DIRECTOR**

Candidates must:
- **be individuals over the age of 18 years who have not been declared incapable by a court and who do not have the status of bankrupt (s.126, Act);**
- **be a nursing student enrolled in an educational program for entry to practise as a registered nurse who is in good standing with CNSA [Canadian Nursing Students’ Association];**
- **not be a current employee or independent contractor of CNSA, CNA, or any other CNA member;**

**CRITERIA FOR CLASS C DIRECTOR**

Candidates must:
- **be individuals over the age of 18 years who have not been declared incapable by a court and who do not have the status of bankrupt (s.126, Act);**
- **the nominating specialty group must have paid their CNA annual membership fees**
- **be a registered nurse who is in good standing with their provincial/territorial regulatory body and with their nominating member organization of the Canadian Network of Nursing Specialties, and have paid CNA fees either through their Jurisdictional Member or as part of the Independent Nurses Group;**
- **not be a current employee or independent contractor of a Canadian Network of Nursing Specialties group, CNA or any other CNA member, other than an individual who is paid by a Canadian Network of Nursing Specialties group to serve as its President;**
- **Must have current or previous experience on a board of directors of a CNA Canadian Network of Nursing Specialties (Network) organization**
Candidate for Class A Director (jurisdictional) — Alberta

Jerry Macdonald, RN
Cardiac Nurse Educator, Alberta Health Services
President-Elect, College and Association of Registered Nurses of Alberta

Statement of Philosophy
As President-Elect of the College and Association of Registered Nurses of Alberta (CARNA), and next president of CARNA as of October 1st, 2016, I feel I am well positioned to bring the Alberta perspective to the CNA board.

As a direct-care clinician, whose practice is focused on wellness, prevention (secondary/tertiary) and promotion of a healthy lifestyle, I also feel I can bring a realistic, practice-level perspective to not only the CNA board table, but to interactions with government and other external stakeholders.

Platform Message
I have been a registered nurse for over 30 years, working in direct clinical care for virtually all of that time. I have worked in a rural/remote acute care setting, in critical care, and now in a community-based cardiac rehabilitation and chronic disease management role. I have also been a union officer at the local level with United Nurses of Alberta, and I have served on the CARNA provincial council for a total of four and a half years to date.

My focus for CNA is to strengthen our national-level messaging on the unique contribution registered nurses can make to improving the health of Canadians, and on how RNs can contribute to improving health-care service delivery in a high-quality, cost-effective manner.
Candidate for Class A Director (jurisdictional) — Manitoba

Margaret Rauliuk, BScN, MN, RN, NP
Nurse Practitioner, Access River East, Winnipeg Regional Health Authority
Chair, Association of Registered Nurses of Manitoba

Statement of Philosophy
My nursing philosophy is grounded in feminist emancipatory nursing theory and the principles of primary health care. It is my experience that interprofessional collaboration and partnerships are critical components to improving systems and health outcomes. As a direct care provider, I advocate for the conditions that support health equity: recognize and consider determinants of health when providing care to individuals and families.

This philosophy informs my perspective as I join the CNA board. I bring a commitment to excellence in practice, a belief that a strong and unified nursing voice is essential in health-care reform and that nursing organizations are better served when they work together to move the profession forward.

As an educator, my goal is to challenge my graduate students to think about nursing in new ways. At this time in the history of our profession, it is important for our provincial and national associations to engage in some deep reflection as we work together to find meaningful ways to increase nurse engagement, expand the role of registered nurses and demonstrate our relevance in a contemporary world.

I will bring this leadership, energy and commitment to praxis — action, reflection, transformation — to the CNA board table.

Platform Message
I believe all nurses are leaders in health and health care. As a RN and NP who works in direct practice and education, I will bring both perspectives to my work at CNA.

Individually, we impact experiences of health and healing in those moments of grace when we truly connect with our patients. Collectively, we impact the direction of health care through advocacy and development of healthy public policy. Together, we build on the strong foundation of nursing in Canada as we advance our profession.

The health system faces many challenges over the next decade with an aging workforce and population. Registered nurses have the capacity to lead a system shift toward innovative and more equitable health care. As the jurisdictional board member for Manitoba, I want to participate with CNA in moving our profession forward. I offer my integrity, critical thinking skills and a strong passion for nursing and commit to bringing my best self to this work.
Candidate for Class A Director (jurisdictional) — Nova Scotia

Tim Guest, RN, BScN, MBA
Vice-President, Integrated Health Services and Chief Nursing Officer, Nova Scotia Health Authority
Representative, College of Registered Nurses of Nova Scotia

Statement of Philosophy
Over the past 25 years as a registered nurse I have experience as a direct care nurse, union leader, nurse manager, director and executive. Currently I am vice-president of integrated health services and chief nursing officer at the Nova Scotia Health Authority. In my current role I am able to hear, learn and voice nurses’ concerns and ideas both within my own organization as well as provincially and nationally.

These experiences, along with participation as a union leader and member of the boards of two of the nursing colleges in Canada, have enabled me to see nursing practice through a number of lenses. I have a good understanding of the issues that nurses are concerned about currently. These include being valued and able to fully contribute with input into both our practice, our practice settings having healthy and safe workplaces, and involvement in health policy.

The past few years have seen many changes for nursing. These have included reduced membership in CNA, changes in focus of the regulatory colleges, changing scopes of practice, changing nursing demographics, stressful workplaces, NCLEX, changing patient and client demographics and needs, lack of progress improving health status and health-system outcomes, growing scrutiny and funding pressures.

Platform Message
I believe nurses play a foundational role in assisting in and helping Canadians be healthy contributors of our society. We are there 24/7, across all sectors, with all populations. We make a difference; we play a significant role in helping the public live healthy lives; we are trusted by the public; and we can be influencers. We have good ideas and need to be part of the solutions needed to ensure we maintain a sustainable, effective health system.

I am proud to be a registered nurse. I believe registered nurses can play a larger role in the working in and improving of the health system, ensuring safe care is available to the public in new ways. I have enjoyed participating in the profession throughout my career in the variety of roles and organizations that I have been exposed to. I have had increasing opportunities to participate at the national level and am excited at the opportunity to be a part of CNA in a formal way. I believe it is a privilege to be a member of the nursing profession.

CNA is vital to nurses in Canada, as our professional voice advocating for and speaking on our behalf, to highlight the value, contribution and potential of registered nurses.

Representing nurses from Nova Scotia on the board of CNA would be a career highlight, and I would be honoured to be given the opportunity.
Candidate for Class A Director (jurisdictional) — Prince Edward Island

Cynthia Bryanton, RN, BScN
Director of Long-Term Care, Health PEI
President, Association of Registered Nurses of Prince Edward Island

Statement of Philosophy
As an RN, my philosophy has deepened, positively and constructively, by my work experiences, responsibilities and leadership roles across the P.E.I. health-care continuum. I began nursing with a desire to help others, based on knowledge, compassion and caring. I quickly learned that attributes of competence and efficiency were fundamental to my practice as a staff nurse in an acute care medical floor. As I expanded my practice into the specialty areas of OBS, emergency and ambulatory care, I developed a deeper appreciation and awareness of how “illness” affects not only the patient, but also the family dynamic and the community. It was within these experiences that the importance of PHC concepts became increasingly evident to me.

As director of nursing in long-term care, my professional focus centres around systems theory and building formal interdisciplinary relationships and intersectoral collaboration. My current practice and responsibilities include senior executive leadership team membership, policy development, HR planning, conflict resolution and unionized collective agreement relationships.

I strongly believe that nurses possess great intellectual capacity, and that they provide high standards of safe, ethical and competent service delivery guided by standards for practice and the code of ethics.

Platform Message
Governments today are struggling with fiscal realities, increased consumer demands, issues of changing legislative and regulatory framework, HR issues, shifting demographic trends, and an increased focus on human rights. RNs are challenged, as their practice roles and expectations are changing in response to system change and societal demands. I recognize the demands placed upon nurses as they strive to maintain a balanced and a healthy life style coupled with current practice and HR demands. I support RNs assuming more leadership roles as experts in care planning and management. In my current position as director of nursing in long-term care on P.E.I., I strive to advance public policy within the LTC sector and guide RNs in the integration and development of PHC concepts and philosophies into their practice. I recognize the importance of developing community partnerships, balancing both institutional and home-based seniors care, investing in family-centred care approaches and addressing seniors’ mental health and illness issues. I am in support of investing in innovative practices and believe it paramount that RNs be involved in the planning and implementation. I look forward, personally and professionally in participating in discussions at the national level and sharing my experiences and perspectives to develop strategies that will advance the principles of PHC within Canada.
Candidate for Class A Director (jurisdictional) — Newfoundland and Labrador

Julie Nicholas, RN, BN, MHSM
Director, Government Relations and Health Promotion, Heart and Stroke Foundation of Newfoundland and Labrador
President, Association of Registered Nurses of Newfoundland and Labrador

Statement of Philosophy
It is with pleasure that I accept this nomination as ARNNL’s candidate to the CNA board. I'm proud to be part of a profession based on caring, trusted to regulate itself, and able to advance to meet the changing needs of our health-care system.

I believe the nursing profession is powerful — made strong by every RN's contribution and collectively stronger. RNs touch the lives of all Canadians. Their impact reaches from the individual to the population as a whole spanning from the patient bedside to the parliamentary table. Flexibility of the RN role, the grounding in teamwork, and inherent problem-solving abilities, position RNs as skilled change agents. Nurses’ voices are key to Canadian health-care reforms, as the care continuum changes to include medical assistance in dying, extending our reach even closer to home, answering the call to reduce the disparities in Indigenous health and striving to narrow the gap between the resources put into health and the outcomes realized. Every RN in this country carries the power to influence the health of others. I believe we need all our voices as Canada reforms its system to embrace a primary health care philosophy that engages the patient, family and community as true partners.

Platform Message
I bring 30 plus years of nursing experience, encompassing bedside nursing, clinical teaching, departmental management and executive administration. I have worked in acute and long-term care and recently accepted a community position focused on health promotion. Throughout my career I have been blessed to work in rewarding positions with great teams of individuals focused to move agendas forward. I have learned that we can accomplish far greater results together than can any sum of our individual efforts.

As the new director of government relations and health promotion with the Heart and Stroke Foundation of Newfoundland and Labrador, and as the incoming president of ARNNL, I welcome the opportunity to collaborate with my colleagues supporting CNA’s strategic plan, particularly in the area of primary health care. I am excited by the prospect of working in partnership with provincial and national organizations and governments on shared visions and strategies for improved population health outcomes. I believe we can transform our health system together through strong professional partnerships and alliances, through public and political education to inform and influence national and provincial agendas, and by advocating on behalf of RNs for full scopes of practice and extended reach into communities. If I am successfully elected to the CNA board, I will be honoured to add my voice to the collective in meeting these challenges.
Candidate for Class A Director (jurisdictional) — Yukon

Christina Sim, RN
Manager, Outreach and Health Promotion, Kwanlin Dun First Nation
President, Yukon Registered Nurses Association

Statement of Philosophy
Advocacy is not only an important skill to develop, it is an expectation in standards of nursing practice. Being an effective advocate means that you are prepared to collaborate fully and are able to ask challenging questions in order to foster valuable dialogue and solicit change. Good advocacy requires successful outreach which is not just an attempt to provide services beyond conventional limits. It should become an ingrained philosophy in the day-to-day work of health-care provision. This applies to patient care, supporting staff and nursing leadership at a local and national level.

My experience in community-led First Nation’s health has afforded me many opportunities to develop and demonstrate my strong leadership skills. This enriching work has provided a deeper understanding of the challenges and successes of our national health-care system and, in particular, the incredibly necessary role of nurses as patient advocates in all settings. I am in a place now in my nursing career where I can give back to my profession with the experience, expertise and enthusiasm that will contribute to creative solutions to national nursing issues while supporting CNA and its members in improving health care for all Canadians.

Platform Message
I am looking forward to the engaging and challenging discussions ahead at the CNA board meetings, and I welcome the responsibility that comes with participating in a professional organization at both a jurisdictional and national level.

My perceptions about nursing’s impact on nationwide issues has changed a great deal over time, and I understand broader health-care systems more thoroughly now. I also appreciate more deeply the level of compassion and resourcefulness that nurses offer in the North and our very unique approaches to patient care. Northern nurses have a lot to offer when it comes to providing culturally appropriate and creative solutions to removing health-care barriers.

I will certainly be bringing the perspectives and concerns of Yukon nurses forward for discussion; however, I also appreciate that all nurses and all Canadians rely on nursing professional associations to advocate for relevant shifts in national policy and vision in order to ensure safe and appropriate care of patients, regardless of geography. When elimination of health disparities for one particular population is accomplished, it positively affects all citizens. I am particularly looking forward to discussions about the impacts of MAID for rural and Indigenous communities and discussions on the Truth and Reconciliation Calls for Action specific to health. I am equally excited to see what emerging issues arise during my time and will give them equal weight in thought and attention.
Candidate for Class A Director (jurisdictional) — Northwest Territories and Nunavut

Shawna Tohm, BScN, RN
Clinical Education Coordinator, Stanton Territorial Health Authority
President, Registered Nurses Association of the Northwest Territories and Nunavut

Statement of Philosophy
I believe that the future and sustainability of our health-care system is through the expansion of RN/NP roles. The additional education required for RNs to achieve these goals will help us to meet the increasing demands of our users’ health-care needs and expectations. It is through supported continuing education of our RNs at all levels that we can improve patient safety and quality of care to meet family and patient-centred care from the beginning of life to the end of life. This can be achieved through the education of the public, governments, health organizations, health associations and our nurses. An educated public is an informed public. We need to make education of our nurses a priority because RNs and NPs are the answer to our health-care challenges in this country, emotionally and financially.

Platform Message
During my term with CNA, I will be representing the North as president of the Registered Nurses Association of the Northwest Territories and Nunavut. The North has unique challenges in delivering appropriate health care throughout each of its regions and RNs/NPs are crucial. From the weather to having qualified health-care professionals, this area of Canada has had to utilize some innovative ideas and ways to bring health care to all, sometimes at a substantial cost. For the future, I would like to see the expanded roles of RN/NPs become a reality in our small communities and bigger cities. Not only can these expanded roles bring quality and safety of health care to our residents, it can also mean the difference between immediate care and delayed care of emergent and non-emergent medical situations. This would also be more fiscally responsible and meet some of the challenges in our smaller communities where higher levels of medical care are not a reality and the fiscal restraints of government means less and less money to provide the programs that are needed. By having these expanded roles in nursing, we can increase the quality of care throughout the North and maintain health-care programs. The North is and can be a leader and groundbreaker in this initiative to show this country that not only will it be successful but will generate high patient-safety and quality-of-care outcomes for all while being fiscally responsible.
Bryce Boynton  
Student  
President, Canadian Nursing Students’ Association  

Statement of Philosophy  
I believe that nurses have the ability to create change through advocacy and nursing education that can result in better outcomes for our clients and the nursing profession. I believe it is our duty, as nurses, to seek out change in order to provide quality care for Canadians and shape our health-care system to best fit the needs of our clients and our profession. This is accomplished using evidence-based practice, patient-centred care, holistic care and culturally safe care.

While we advocate for our patients, it is also important that we advocate for ourselves and for our nursing students. I believe in order to better serve our clients we must care for ourselves and address concerns within the work environment, the nursing profession and our health-care system. Through advocacy, nursing education and political action, we can achieve these aims and strengthen our profession such that we will continue to provide quality care for all Canadians.

Platform Message  
The focus for my term with CNA will be on bringing forward the student perspective as CNA works to achieve its goals for the upcoming year. Students represent the future of our profession and the health-care industry, so it is important that we become involved early in our careers to encourage change and promote action.

I will work to promote enhancement of nursing education through policy change provincially/territorially, nationally and internationally by supporting evidence-based practice, student-led initiatives and member involvement.

I will engage nurses and nursing students to create an environment of empowerment that allows our profession to create change through advocacy, nursing education, and political action.

By bringing forward the student perspective on issues affecting nursing and health care, we have the opportunity to improve both health care and our profession through student involvement and professional development.

CNA has the opportunity to support great change not only within our profession but for the health of all Canadians, and it would be a great honour to represent the nearly 30,000 Canadian nursing students in working towards the shared goals of our associations.
Madeleine Ashcroft, RN, MHS, CIC  
Regional Infection Control Network Coordinator, Public Health Ontario  
Network Representative

Statement of Philosophy
As a nurse, I recognize the power in our numbers and our intimate involvement with health-care recipients in all sectors and settings across the country. We are care providers, advisors and leaders, there with our patients/clients at the start and end of life and all health-care-related events on the journey. As advocates for those whose voices don’t get heard, I believe we can and must strongly influence policy- and decision-makers to bring about positive change in health systems and the health of Canadians. Through the network and a diversity of roles, I am aware of the critical nursing and health-care issues, and that consulting, networking and collaborating with colleagues across specialties is essential for a full picture. Although many of our issues are collective, some are more specific to a field of practice. To truly represent the interests of the network, we must tap into the unique competencies of our expert members.

We have much to learn from each other, and our sharing of strategies, challenges and success stories enables wise use of our resources. We can also use our collective excellence to promote certification, engaging more members in our respective associations and welcoming other specialty groups into our network.

Platform Message
The Canadian Network of Nursing Specialties is the voice of expert nurses in their field. Who better to provide evidence-based recommendations to the CNA board for informed decision-making and priority setting when addressing the myriad of issues critical to nursing and health care? Through my network involvement, I have a deeper understanding of the role and value of nurses, the network and CNA. I will seek your input to communicate network priorities, key messages and plans to and from the board. Collectively, we can address the priority issues identified in environmental scans, including our aging population: seniors’ health and well-being, access to long-term care and adequate home care, palliative/end-of-life care and the aging workforce — with implications for disability, nursing shortages and changes to staffing models and scope of practice. Our primary care focus is reflected in our convention theme, Nurses: Driving the Shift to Primary Health Care. I hope to see you there! I am a high energy individual committed to building our membership, listening to your concerns, collaborating to problem-solve and working with Judy to ensure that your views are brought to the board and their issues and responses are brought back promptly and clearly. Our network leaders have done an incredible job at growing the network’s influence. We have voting members and the respect and ear of the board. Thanks to Jocelyn, Pamela, Judy and their predecessors for moving us forward so effectively! I would be honoured to build on their successes and to serve as your representative.